

Palm Muting

4	*All Downstrokes*
4	
4	

1

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

2 P.M. -----

2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

4 P.M. ----- P.M. -----

The diagram shows a 2-hour shift. The top part is a timeline with markers for 1, 2, 3, and 4 P.M. The bottom part is a grid with 4 rows and 16 columns. The first 8 columns correspond to the first 4 P.M. and the next 8 columns correspond to the second 4 P.M. The grid is divided into two main sections by a vertical line at the 8th column. The first section has 4 rows of 8 columns each, and the second section has 4 rows of 8 columns each. The grid is filled with the number 2 in the first 8 columns and the number 1 in the next 8 columns.

3

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

6 P.M. -----| P.M. -----| P.M. -----| P.M. -----|

4

5

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

10 P.M. ----- P.M. ----- P.M. ----- P.M. -----

6

1

+

2

+

3

+

4

+

1

+

2

+

3

+

4

+

12

P.M. -----┐

P.M. -----┐

P.M. -----┐

P.M. -----┐

2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

7

1

+

2

+

3

+

4

+

1

+

2

+

3

+

4

+

14

P.M.

P.M.

P.M.

P.M.

2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

8

1

+

2

+

3

+

4

+

1

+

2

+

3

+

4

+

16

P.M.

P.M.

P.M.

P.M.

2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

9

1

+

2

+

3

+

4

+

1

+

2

+

3

+

4

+

18

P.M. -----┐

P.M. -----┐

P.M. -----┐

2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

10 Bonus Pattern: My Go to pattern

1

+

2

+

3

+

4

+

1

+

2

+

3

+

4

+

20

P.M. -----┐

P.M. -----┐

P.M.

P.M. -----┐

P.M. -----┐

P.M.

2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0